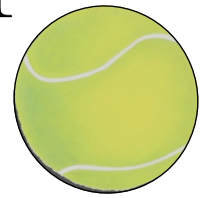




TENNIS ACADEMY

Under Direction of Alex Aitchison Tennis Pro



NYA 2010 Winter programs begin Jan 4th

PROGRAMS:

KSA-QuickStart (45 min each week) For ages 3-7. (Beginner level) This is a 45 minute USTA* program which will teach the fundamentals of tennis: Stroke Production, Footwork, and Hand - Eye Coordination. "Fun" is the main goal of each class. (registration on going and pro-rated)
call: Kids Sports Academy 203-304-1826 14 wks

NYA-BRONZE (1 hr each week)
M 4-5pm _____ F 5-6pm _____ Sun 9-10am _____ 13 wks \$286

Junior (Beginner level). This 1 hour program is for juniors entering the game after our QuickStart program or for those who wish to learn the basics of stroke production, footwork, court strategy and scoring. Placement into this program without completion of the QuickStart program is by instructor recommendation only.

NYA-SILVER (1 hr each week)
M 5:15-6:15pm _____ M 6:15-7:15pm _____ F 4-5pm _____ F 6:15-7:15pm _____ 13 wks \$286

Junior (Advanced beginner level). This is a 1 hour program designed for juniors who have committed to advancing to the next level and are striving to master the fundamentals of stroke production, footwork, court strategy and scoring.

NYA-GOLD (1.5 hrs each week)
F 7:15-8:45pm _____ Sun 1-2:30pm _____ 13 wks \$455

Junior (Intermediate level). This 1.5 hour program offers the opportunity to explore deeper into the "art of play" and preparation for serious participation in the game. The student will be introduced to agility, consistency, control, power, placement, reaction, and speed skills, and the program will incorporate point play.

NYA - Platinum (2 hrs each week)
M 7:15-9:15pm _____ Sat 4:30-6:30pm _____ 13 wks \$663

Junior (Advanced level). This 1.5 hour program provides more intensified training for those students who wish to advance to the competitive level. It covers all components necessary to compete in tournament play, including good sportsmanship.

NYA-HS EXCELLENCE (3 hrs each week)
Sat 1-4pm _____ Sun 10-1:00pm _____ 13 wks \$858

High School (Tournament level) This is a three-hour intensive program for high school and tournament players who wish to enhance skills and take their game to the next level. This program includes fitness, stamina, flexibility, reaction, speed, focus, concentration, power, control, restraint, performance and satisfaction, in the quest for excellence.

New Players Welcome

*New player evaluations required *** Call in advance to confirm time and schedule*

CALL FOR DETAILS: 203-304-1830 or 203-426-0088

Email Kathy: kbrophy@newtownyouthacademy.org

NEWTOWN YOUTH ACADEMY

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