

New Year's fitness challenge!



**** Challenge begins this Monday!**

Earn your entry into the competition this weekend!

We are simplifying the entry process for the competition.

Please come in Saturday, Sunday or Monday and complete your 2 mile walk, jog or run to officially enter the competition*.

Upon completion a staff member will oversee your weigh in and provide you with your weekly sheet.

Please sign up at front desk to enter this free* competition. We will be providing updates and support via email so please provide us with your email address.

If you are unable to come in this Sat, Sun or Monday please contact jojsherwood@gmail.com

Thanks and good luck!

* Free to members.

Non-members \$69 includes a 1 month membership (exp. 2/21).

** Points officially begin on Monday. Please note that no points will be awarded for the 2 mile entry walk/run needed to enter competition.

Details & Sign up at the fitness center desk